

Spring Training

Spring Training at Murphey Candler Girls Softball is for all players above Tee Ball. The cost of spring training is included in the registration fee. Players are encouraged to attend as many of the spring training sessions as possible to get ready for the season.

The Spring Training practices are designed to help our program in three ways. First, players learn good fundamentals so that they get off to a good start in softball. Second, our coaches learn how to teach good fundamentals and how to organize efficient practices. Third, it allows the coaches to evaluate the players, which typically results in more balanced leagues through a better draft.

Champions Fastpitch Academy will be leading the Spring Training practices. Champions provides experienced instructors, most of whom played college softball and now work as professional instructors. All girls in an age group will practice together during Spring Training.

The MCGSA volunteer coaches will also work with the players during Spring Training. Typically, the Champions instructor will introduce a practice drill and demonstrate the correct techniques. The players will break out into smaller groups and the MCGSA coaches will lead the group drills. Over the course of the Spring Training we will cover all of the fundamentals.

The MCGSA coaches will have 30 minutes each night for player evaluations and additional drills. Players will be drafted to a team immediately following Spring Training. Please contact the League Director if your daughter cannot attend at least two of the Spring Training sessions so that we can determine the appropriate team placement. Team practices will continue for two weeks after Spring Training, and then the season begins.